



## LETTER FROM THE EXECUTIVE DIRECTOR

### *Recognize Abandoned Rink's Potential*

Investing in human capital can only help our community. The Glory House has been investing in human capital for years. Our mission is to help others help themselves by providing a full continuum of services including drug addiction treatment, mental health care, case management and life skills. But the time has come to add to this continuum.

For many years our city has been growing and now it is our time to grow with it. Glory House has been in dialogue with the City of Sioux Falls regarding the acquisition of the former ice rink that is adjacent to our agency. The land it sits on was donated by the late Dr. Robert and Mary Giebink in the 1980s. This was one of many donations the Giebinks made to our community, including the property the Glory House sits on.

The old ice rink has fulfilled the city mission by providing years of recreation for thousands of skaters. Now that it has been defunded after the building of the new iceplex, our agency desires to partner with the city to repurpose the property and invest in the community once again. We believe our vision for the old ice rink embodies the charitable spirits of the Giebinks and continues their legacy.

The land has the potential to be developed into long-term living for men and women who graduate from the Glory House. Currently, it is a struggle to find safe and secure housing in a city with such a lack of low income housing for its citizens.

By the city agreeing to donate or sell the old ice rink property to the Glory House, they will meet many concerns our community faces. The new facility will not only provide much needed housing but will help cultivate reliable employees, of which the city is in desperate need, and it will be cost effective in the long run when these individuals are able to stay out of prison. By this investment in human capital, we will be investing in the health and wellbeing of our community.

-- Dave Johnson

## ACA Accreditation Finalized

At the end of September, auditors from the American Corrections Association spent two days at Glory House inspecting the building, reviewing records and interviewing clients and staff. Glory House earned a score of 100%. But, this was not the end of the process.

Executive Director Dave Johnson and Human Resource and Compliance Officer Nicki Dvorak traveled to San Antonio, Texas to meet with an ACA Accreditation Panel on January 21, 2017.

The four person panel went through the audit report and asked for explanations and clarifications of Glory House's procedures and practices. Because Glory House had received 100% on their audit, "this was a pretty relaxed conversation," Dave said. "In the past, when we haven't gotten 100%, they really grilled us."

The results were good and Glory House is now accredited by the ACA for the next three years.



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**ADAM HARDY: COUNSELOR AND AUTHOR**

Adam Hardy spends his days working as a mental health counselor at Glory House. He spends his nights finishing his dissertation for a Ph.D. in Counselor Education and Supervision at USD. Somewhere in there, he found the time to write an article that was published in the Fall 2016 edition of *The Professional Counselor*, a peer reviewed professional publication that is distributed nationwide. Adam is the primary author of the article. He received suggestions and editing help from the secondary author, Professor Kathleen Rice-Brown.

The article is entitled "Violence and Residual Associations Among Native Americans Living on Tribal Lands." It draws on Adam's interest and experiences in treating clients who suffer from the effects of exposure to violence and trauma. Adam first became interested in traumatic stress when his Army National Guard unit was deployed to Iraq in 2005. He says that at that time, there were not a lot of resources to treat combat-related traumatic stress.

Back in the United States, Adam realized that combat is only one of the causes of traumatic stress. While in graduate school, he did an internship at the Compass Center treating the perpetrators and survivors of both physical and sexual family violence. Then, he came to Glory House where most of the residents were victims first and then perpetrated violence. Executive Director Dave Johnson says, "National statistics show that 67% of the men and 80% of the women who are incarcerated have experienced violence and trauma severe enough to change how their brains are wired."

When these clients arrive at Glory House, their brains still overreact to any stressor. Dave explains, "Trauma re-wires their brains so that just about anything triggers a fight, flight, or freeze reaction. The goal of counseling is to re-wire their brains so that the client uses more intentional thinking to process events leading to more functional behavior."

Adam's article reviews the literature showing that traumatic stress is a particularly common problem among Native Americans. His purpose in writing the article was to address treatment alternatives that can be used with the Native American population, such as the use of a medicine wheel that incorporates a spiritual component in recovery. His goal is to help counselors working with Native American clients to have a full spectrum of treatment alternatives to treat this group of clients.

Adam is hoping to finish his Ph.D. in the next three months. He plans to remain at Glory House after receiving his doctorate. "I like the people here. I like the way Glory House is managed and I appreciate the support that was given to me while I was working on this degree. I like working with my clients and its very rewarding to see them make progress." As for writing another peer-reviewed article--that could take a while. "They made me re-write it about four times."

**Here is a list of items that are in need at Glory House...**

- Men's carpentry tools
- Work boots
- Long underwear
- Coveralls
- Coats
- Hats
- Gloves/mittens
- Scarfs
- Bus passes
- Phone cards
- Stamps
- Gift cards
- AA/NA books
- Bikes

**For the rewards closet...**

- Candy
- Notebooks
- Towels
- Home essentials
- Male and female hygiene products
- Movie tickets
- Plastic hangers
- Greeting Cards/stationery

**More Building Renovations...**

In December 2015, the Greg and Pam Sands Foundation made a commitment to raise \$100,000 to renovate and update the Glory House. Part of that gift was received at the beginning of 2016. It was used to install a security camera system throughout the Glory House campus (see Summer 2016 Newsletter) and to replace floor tile in the kitchen and dining area of the Sands Freedom Center.

This fall, the Foundation made another gift. This money was used to replace all of the carpet in the Sands Freedom Center, which opened its doors in 2008. The building houses residential facilities for female clients, counseling offices, the electronic monitoring office, and rooms where treatment groups meet. After eight years of heavy traffic, the worn carpet gave the building a tired and used look.

Now, covered with new, contemporary carpet, the building looks fresh and professional.

## DEDICATION AND COMMITMENT

*Glory House has 53 full and part-time employees. All of them work hard to help our clients achieve their goals. Some have shown that dedication for many years. This newsletter will profile four employees who have worked at Glory House for ten or more years. More long-term employees will be honored in future newsletters.*

### Sally Holliday

Sally is a licensed addiction counselor who began working at Glory House on June 19, 2002. She has had her own ups and downs with use and began her recovery in 1992. At that time she moved to Vermillion and entered USD as a business major. While there, she began taking addiction classes to better understand herself. She graduated in 2000 with a double major in Business and Addiction Studies.

After graduation, Sally held several jobs in both the business and treatment fields but none of them felt like her calling. One day she was home with strep throat when the Interim Director of Glory House telephoned and asked if she wanted a job. She interviewed, was hired and has been leading treatment groups at Glory House ever since.

Sally loves the group dynamic of treatment. "It's great to see the group members pull each other up and support each other." One of the most rewarding parts of her work is to meet up with old clients years after they completed treatment and see the changes they have made. Sally also likes the teamwork among Glory House staff members. Everyone "enforces the structure and accountability that make the Glory House program work."

Sally concludes, "Helping others is my purpose in life." Sally's teamwork was recognized when she was chosen to be Employee of the Month in January 2017.



### Chasity Towns

Chasity began working at Glory House in 2007. She has a B.S. degree in Criminal Justice studies and thought that working at Glory House would be a good stepping-stone to getting a job in probation or parole. Ten years later, she says that she stayed at Glory House because she liked the positions that she was promoted into and enjoys her contacts with clients.

Chasity began her employment with Glory House as a Resident Supervisor in 2007 and a short time later became a Field Surveillance Officer. In 2011 she was promoted to EM Coordinator/Out-Patient Services where she oversees the Code a phone department and Outpatient drug testing programs. In 2013 She also took over as our Stars Specialist where she does our state and federal contract billing for the Glory House. Chasity has been active in the South Dakota Corrections Associate serving as President in 2012 and also served 2 years as a Reserve Officer for the Minnehaha County Police Reserves. Chasity loves face-to-face contact with clients no matter what the circumstances. "From parties to interventions to corrective actions, I like it all," she explains. She admires the residents' commitment to success and loves to see them reach their goals.

Chasity also appreciates the people that she works with. She says, "Glory House is a family. We are a team that wants to keep the community safe and wants our clients to be part of that community."



### Shannon Barnes

Shannon earned an A.S. degree at Killian College and began working at Glory House in 2007 as a Resident Supervisor. Over the years, she has also worked as a counselor. In February 2015, she was promoted to the position of Facilities Manager. In this position, Shannon trains and supervises the front line staff, a job that allows her to have frequent contact with residents. I enjoy working with my co-workers and feel we have a strong team - working together to help our clients giving them the attention the directions toward learning how to live life the way it is meant to be.

Shannon has been in recovery for 14 years and her own struggles help her create a common bond with the residents. She understands what they are going through. While at work, she enjoys watching clients grow and "seeing the light bulb turn on that allows them to shine." She hopes that her own struggles can be a motivation to clients who are not yet seeing a light at the end of the tunnel.

"I have witnessed despair turn into hope, fear turn into faith, faith turn into action and action turn into reality. This is one of the most rewarding things I get to see on a regular basis," Shannon explains.



### T.R. Maves

T.R. began working at Glory House in 1991. He probably holds a world record for university degrees—four undergraduate and two Master's degrees. His Master's degrees are in Counseling and Education. In addition, he is a licensed addiction counselor and a licensed professional counselor. And on top of that, he is a certified Reality Therapist and a Corrective Thinking therapist and trainer. He put his education training to work by teaching at Colorado Tech for 21 years.

T.R.'s primary responsibility at Glory House is the RDAP program. RDAP is the chemical dependency treatment program inside Federal prisons. Glory House residents who have been through this program, continue with T.R. while they are living at Glory House.

Living a clean and sober life for that past 30 years is one of T.R.'s proudest accomplishments. The other is raising his brother's children after he died from complications of alcoholism. One of his favorite work related accomplishments is helping a treatment group, that he was leading on the Yankton Sioux Reservation, obtain funding to build two sweat lodges.

TR's motto for life is "When you take, you have to give back." His work at Glory House as his way of giving back. He explains, "I hope I'm making a difference. Everybody deserves a chance to change their life around. Never give up on a client and they won't give up on themselves."



## THE MOST WONDERFUL TIME OF THE YEAR

Christmas is a very special time of year at the Glory House. For most of our residents, Christmas at the Glory House is the best they have had in many years—or, ever. Addiction, violence, broken families and incarceration make the holidays a painful season. To reward the hard work that the residents are doing, the Glory House staff works hard to make Christmas an especially joyful time of year.

Kari Joldersma carries the title of Clinical Coordinator. She spends most of her time counseling clients and supervising the other counselors on the Glory House staff. However, as the Christmas season approaches, Kari takes on the role of party planner. It is one of her favorite tasks. She appreciates being able to give clients and staff the opportunity to move out of those roles and have fun together. Kari and other staff start meeting in November to plan the Christmas parties.



This year's Christmas festivities began with a staff party on December 6. The Greg and Pam Sands Foundation funded a night out at Chef Dominique's for every staff member and a guest. In addition to great food, the night included games and friendly competitions (including making reindeer antlers out of balloons). Kari says, "I always leave the party feeling grateful for Glory House and having a position here."

The Christmas festivities continued with a resident party on December 14. This party has become a highlight of the year for both staff and residents. Because of the generosity of several donors, Glory House residents had a dinner of pizza, chicken wings, fry bread and homemade cookies. Door prizes of hats,

*continued next page*

## UPDATE: THE FREDRIKSON FREEDOM FUND

The last newsletter introduced you to the Roger Fredrikson Freedom Fund. This internal Glory House fund pays for clients' emergency expenses that cannot be met in any other way. At the end of the Christmas season, the fund had reached \$3000.

The fund has already shown its value. Just after Christmas, a client entered Glory House from prison. This client has several physical and mental health disabilities. Prior to going to prison, she received Supplemental Security Income, which meant that Medicaid covered her medical expenses. As required by Federal law, her SSI was terminated when she entered prison. Upon release, she had to re-apply for SSI and wait for approval.

Glory House was able to obtain medication for her physical problems with the help of the Falls Community Health Clinic. But, there was no help for her psychiatric medication. In order to keep her stable and able to participate in Glory House programming, the Fredrickson Freedom Fund was tapped to purchase psychiatric medication until her Medicaid was restored. Dave Johnson says, "This fund was a lifesaver. It's tragic to watch a client deteriorate while waiting for Social Security approval."



## THE MOST WONDERFUL TIME OF THE YEAR - continued



gloves, T-shirts and gift certificates were given out. Each client received at \$50 gift certificate and a gift from Glory House that included a planning calendar and personal hygiene items.

The highlight of the evening is the arrival of Santa Claus. For many residents, this is

an emotional moment because they have never had a Santa in their lives. Some can't remember ever getting a Christmas present.

"Every year someone says that this is their best Christmas ever," Kari reports. The entire staff appreciates the opportunity to give this gift to their residents. And, they appreciate the generosity of the community that makes this possible.

The final event of the Glory House Christmas season is another one that generates a lot of emotion for both staff and residents. Each year Glory House receives a large donation from an anonymous donor to buy Christmas presents for the children of the residents.

With the help of the counselors, Kari gets information about each client's children. Then Kari and Chasity Towns go to Kohl's. This year, they filled four shopping

carts with toys and other gifts. Back at Glory House, the residents were able to choose one gift for each child and wrap it.

Some gifts had to be mailed, but some clients were able to give the gifts directly to their children at a visit. For most residents, it was the first time in a long time that they had been able to give a gift to their child at Christmas. "They are always super excited and super grateful," said Kari.

In conclusion, Kari says that Christmas is the best time of year to work at Glory House. "Being able to see the residents have true moments of joy and create good memories with their children always gives you the holiday spirit."



## Check us out on Facebook to read reviews just like this one!

*"I have struggled with opiate addiction for 10 years. I've done horrible shameful things to myself and the people who love me, just as addiction will do.*

*But today I can say I have over 7 months clean (the longest I've ever been able to get together) and I owe a lot of it to the Glory House and some of the amazing staff that were working there when I was a resident.*

*There is life after addiction, no matter how far deep you are! I am living proof. Never give up! Life is so beautiful if you want it to be!"*



Minnehaha Sertoma Club wrapped presents for the residents and also gave them presents. (L-R) Linda Hagedorn, Bonnie Hazelwood, Barb O'Connor, Carol Kreager, Sheila Reding, Donna Meinen, Sue VanderWoude, Stella VanderWoude

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## 2017 Minnehaha Country Club Charity Day Chooses Glory House as One of their Benefitting Charities

**Monday, May 1st • 12:00 pm Shotgun**

**Entry includes: Lunch, Prizes, Hors d'oeuvres and Draft Beer following Play**

**Format: 4-Person Scramble**

**\$250 for Individual • \$1000 for a Team**

**Sign up your 4some and select GLORY HOUSE as your benefiting charity!**

**Send your registration fee (check made out to  
Minnehaha Country Club) and players names to:**

**Minnehaha Country Club, 3101 W. 22nd St., Sioux Falls, SD 57105**

*If you have any questions, please call the MCC Golf Shop at (605) 336-1419*