



Summer 2017

## LETTER FROM THE EXECUTIVE DIRECTOR

Every day brings us closer to our goal: to begin the expansion project. The plating of the land is being done to prepare the land for the conveyance. The reality of the new project is exciting but at the same time a little overwhelming...it truly is a large undertaking for us!

In the 49 years that Glory House has been serving the community, thousands of individuals have become positive, productive citizens who go to work, pay their rent, support their kids and pay taxes. But there is more work to be done. We have many new challenges to help the individuals overcome their addictions and correlating lifestyles so they can return to their families.

This project will be apartments with easy access to long-term services. Our clients usually do well when they reside at the Glory House but struggle afterwards.

Research has shown that the longer an individual is engaged in recovery activities the more likely they will be successful. We have been searching avenues for better outcomes. Counseling and case management services will offer long-term support for apartment residents. The project will be done in phases and only limited additional staff will be needed. All this is good news.

How can you help? When the time comes, consider making a financial contribution to the project. The Glory House is a 501(c)(3) organization which means your contribution is tax-deductible. It truly is a sad day when people looking for help have to be turned away because we cannot keep assisting them in their journey.

There are several ways to give. A personal or business check, a pledge to be paid over a specific amount of time, on-line through our website, or in-kind contribution are all ways to participate. For more information, please contact us and we will provide the answers to your questions. We truly hope you will help us help others.

We are grateful for the support over the years. This has been a busy time, creating more definite building plans and developing fundraising options. We are working with different financial institutions and applying for grants also. Each day that passes means for someone at the Glory House, one more day of being sober. It means one more day that they parent their child, one more day that they are part of the community. The donation that you make, helps our sons and daughters to help themselves.

-- Dave Johnson

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**The Glory House**

4000 S. West Ave.

Sioux Falls, SD 57105

(605) 332-3273

[www.glory-house.org](http://www.glory-house.org)

*Helping people claim their lives with Christian compassion, resources, and support.*

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**Here is a list of items that are in need at Glory House...**

- Men's carpentry tools
- Work boots
- Bus passes
- Phone cards
- Stamps
- Gift cards
- AA/NA books
- Bikes

**For the rewards closet...**

- Candy
- Notebooks
- Towels
- Home essentials
- Male and female hygiene products
- Movie tickets
- Plastic hangers
- Greeting Cards/stationery



**WHAT IS CBISA???**

Another acronym that you are likely to hear at Glory House these days is CBISA (pronounced se-BEE-sa). Use of that acronym is often followed by the question, "What's that?" It's a treatment curriculum with the title of Cognitive Behavioral Interventions for Substance Abusers.

After the South Dakota Legislature passed the Criminal Justice Initiative in 2013, the State began to search for tools to keep drug offenders out of prison. The CBISA program, which was developed at the University of Cincinnati, was one solution. This program had been proven to be successful at treating people with a high risk for substance abuse who are involved in the criminal justice system.

CBISA differs from other outpatient treatment programs in both the timing of treatment sessions and the approach it takes to changing behavior. While most outpatient programs meet for nine hours a week over 6-8 weeks, CBISA groups meet three for hours a week over 5 months. After the treatment component is completed, Aftercare lasts for 2-6 months, depending on the client's progress.

CBISA is a highly structured program that teaches a set of skills that help clients change their behaviors. Clients explore the thoughts that lead to using and learn how to avoid or change those thoughts and the behaviors that follow. One participant says, "CBISA really hit the way I think, which affects how I act." Another participant agreed. "I can't change how I behave without changing my thinking." The skills are practiced until the client becomes proficient at using them. "I didn't like the role-playing, but it helped."



*Andrea Fromelt's CBISA Aftercare group*

At the present time, Glory House has five CBISA groups with about ten clients in each group. Some group members are Glory House residents and some are living in the community. All are under some sort of criminal justice supervision. Because of the large number of people going through the program, each requiring an assessment, a referral and reports to a supervisor, Glory House has recently promoted counselor Kari Termansen to the position of CBISA coordinator.

CBISA clients are all clients who have completed other treatment programs without success. By trying a different approach to treatment, many of them are able to be successful. One of them said, "I started this program in prison and didn't want to be there. After a while I realized that it's a good in-depth program. The Aftercare at Glory House is really supportive—it feels like family."

## LONG-TERM EMPLOYEES CONTRIBUTE TO STABILITY AND INNOVATION

*Here are three more employees who have worked at Glory House for more than 10 years...*

### Nicki Dvorak

Nicki grew up wanting to be a cop. Then she developed a passion for people overcoming addiction. She earned her B.A. in alcohol and drug studies at the University of South Dakota in 1997. The first time that she applied for a counseling job at Glory House, she was not hired. In May 1999, she began volunteering at Glory House as a van driver. Soon afterwards the position of Life Skills Coordinator opened up. Nicki applied and this time she was hired. She has been at Glory House ever since.



Nicki is now a certified chemical dependency counselor and has a Master's degree in Human Resources and Organizational Leadership. Since 2009 she has served as the Human Resources and Compliance Officer.

Nicki's current position includes orienting new staff and training the existing staff. She is in charge of writing and managing Glory House's policies and procedures, which includes complying with ACA and PREA standards. Before last summer's ACA audit, she was usually in the office at 6:00 a.m., drinking coffee and organizing files. She describes her mission as "insuring client safety and developing our programs to the highest possible level." She loves being part of an organization where you can see God working.

### Angela Matson

Angela also started to work for Glory House in 1999. She has an A.S. degree from Killian College and was hired as a resident supervisor. In 2008, she was promoted to the position of Case Manager.



Angela's job is to help Glory House clients transition into and out of Glory House. Approximately 8 new clients arrive at Glory House each week. Angela arranges for them to have physical examinations and to get the medication they need. She helps them get ID's and clothing, and she

assists with applications for disability benefits and sex offender registration. When clients leave Glory House, Angela gets them furniture vouchers and referrals to the Food Pantry. She describes her job as "a lot of multi-tasking."

Angela also operates the Glory House rewards closet, making sure that it is stocked with items that clients will need or like, such as socks, personal hygiene items, candy and pop.

Angela loves working with her clients and can't imagine a better job. Her dedication to her job is shown by the fact that she lives near Ramona, S.D. and commutes to Glory House three days a week. In addition to working, and commuting, she keeps up with three active children and is training to run a half-marathon this summer.

### Barb Lueth

Our last featured employee also started working at Glory House in 1999. Barb started as a part-time front line staff person, working overnights on the weekends in the women's unit. She loved the direct interaction she had with clients who sometimes were having nightmares, anxiety, worry and sleeplessness—"an array of emotions."



Recently, Barb was promoted to the position of Case Manager. She works with Angela Matson and Employment coordinator Bonnie Dougherty to help clients get settled at Glory House and search for jobs. She then does job site checks.

Barb is proud of being able to help Glory House clients move their lives forward. She likes hearing from former clients and learning about what they have accomplished.

When Barb is not at Glory House, she is active with her church, including leading a summer family camp in the Black Hills. As you can see from the photograph, Barb is celebrating a health-related victory which she hopes will give her many more years to contribute to Glory House.

## MAKING CHANGES, STARTING OVER



Kayla is a neat and self-assured 26 year old who is sitting at her kitchen table in her apartment in Sioux Falls. She has made a long journey to get to this point. “I grew up in Yankton with one brother and one sister. Both of my parents were addicts, which meant that I saw lots of domestic violence and spent a lot of time staying with family. I got pregnant at 14 and dropped out of high school at 16.”

Kayla then moved to Sioux Falls, where she hoped life would get better--but it didn't. “I got my GED and started at STI. I got married and soon after got divorced. Then I started hanging out with the wrong people and got into meth. I was a single mom and quickly went from using to selling [to support myself]. I got pregnant again by the guy who got me into drugs.”

In 2015, Kayla was convicted of conspiracy to distribute meth and spent 19 months in Federal prison. “I was arrested one month before my son turned 1. While I was in jail, I only got to see my kids once a month. It killed me to have to visit my children through glass. I knew I had to change.” Kayla completed treatment in prison and came to Glory House on December 8, 2016.

Of her experience at Glory House, Kayla says, “I thought a lot of the rules were petty, but they kept me on track. When you get out of prison you want to do what you want to do, but Glory House kept me grounded. It was hard to find time to go to all the required meetings, but I got a lot out of them.”

Kayla graduated to home confinement at the beginning of March, but she still attends Aftercare with TR Moves at Glory House. Within a week of entering Glory House she found a job at Taco Johns and is now a supervisor. Her children, now aged 10, 4 and 3, are starting to transition to Kayla's care. Although she continues to struggle with finances and meeting all the requirements of her supervision, she says, “It's not worth it to go back to my old life. I see how much my kids need me. I missed out on a lot and so did they.”

Because of the programming and support that Kayla experienced at Glory House, she is on the path to a successful life as a mother and an employee. “When I have less on my plate, I will go back to school and hope to buy a house for my children and me.”



## ST. PATRICK'S DAY

Is possible to have fun on St. Patrick's Day without green beer??? It sure is. Come to Glory House. Under the direction of Social Services Coordinator Kelly Cleveringa, the Glory House staff organized supper, games, prizes and a photo booth for Glory House clients and their friends and family.

In addition to helping clients and their families have fun without the use of alcohol, Kelly says that this event was an important piece of the treatment process. “Family involvement in treatment increases positive outcomes. We want our clients' families to get to know us and become more comfortable with the treatment that our clients are going through so they will continue to support treatment after our clients leave.” Kelly said that this year's turnout was the biggest ever.

## PREA CERTIFICATION

You can't spend much time at Glory House without hearing acronyms. For the past three years, one of the more commonly heard acronyms has been "PREA"—the Prison Rape Elimination Act. Becoming PREA certified has been a long, arduous process, but Glory House now has that certification, the only adult community correctional facility in South Dakota to have that status.

The Prison Rape Elimination Act was passed by Congress and signed by President George W. Bush in 2003. After several years of study and rule making, PREA standards were issued in 2012. The Act applies to any facility housing inmates. Glory House is required to comply with PREA because of its contract with the Federal Bureau of Prisons.

Compliance Officer Nicki Dvorak was tasked with bringing Glory House into PREA compliance. She says that in spirit, Glory House has been compliant since 2003. But, when the written procedures were published 3 ½ years ago, she began the process of revising Glory House's Policy and Procedures manual.

In addition to policy revisions, Nicki worked to educate staff and clients on the importance of the law and how to incorporate the goals of the law into their decision-making.

The final step in the process was an audit, which took place from July 11-13, 2016. The auditor congratulated

Glory House on how aware both staff and clients were of the purpose of PREA and the procedures that need to be followed. However, the auditor found that some policies still needed fine-tuning. Nicki continued to work, and final certification was awarded in March 2017.

Nicki says that working towards PREA certification was one of the biggest challenges she has ever had. It was made easier by the fact that "the staff did a good job of accepting the challenge and were open to changes." Dave Johnson agrees. "This was a very cumbersome and time-consuming process. Glory House has always been safe, but now client safety is consciously considered at every level of decision-making."



### Check us out on Facebook to read reviews just like this one!

*"I have struggled with opiate addiction for 10 years. I've done horrible shameful things to myself and the people who love me, just as addiction will do.*

*But today I can say I have over 7 months clean (the longest I've ever been able to get together) and I owe a lot of it to the Glory House and some of the amazing staff that were working there when I was a resident.*

*There is life after addiction, no matter how far deep you are! I am living proof. Never give up! Life is so beautiful if you want it to be!"*

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4000 S. West Ave.  
Sioux Falls, SD 57105  
(605) 332-3273  
www.glory-house.org

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**Glory House**

**Electronic Monitoring**  
605-988-9116  
ctowns@glory-house.org

**Out Patient Services**  
605-988-9103  
kcleveringa@glory-house.org